



BREIER®
THE SWIMFINS COMPANY

FOOT MEASUREMENTS

FOOTPOCKETS ADJUSTMENTS QUALITY DEPENDS ON FOOT MEASURES QUALITY

STEP 1

If you usually wear neoprene socks or other materials, please put

STEP 2

Lay a paper sheet on the ground flush with the wall

STEP 3

Then place your foot flat on the paper sheet with your heel against the wall, stand up straight

STEP 4

Ask somebody to draw the contour of your foot by holding the pen vertically from the sheet

STEP 5

Draw a line at the end of your longest toe (fig 1).

STEP 6

Measure the distance between this line (A) and the bottom of the page (B) at the heel of the foot (Figure 1).

STEP 7

Record these measurements (A-B) in the boxes below :

Length (cm) :

LEFT

RIGHT

STEP 8

Take a measuring tape
(Still with your neopren or other materials socks)

STEP 9

Measure the circumference of the foot from the highest part on top of the foot (Figure 2 : C – the instep) around the hollowed out/indented part of the foot (Figure 2 : D).
Repeat for the other foot.

STEP 10

Record these measurements (C-D) in the boxes below :

Circumference (cm) :

LEFT

RIGHT

ETAPE 11

Measure on the paper sheet at the widest part of the foot the distance between E and F (fig 3)

Width (cm) :

LEFT

RIGHT

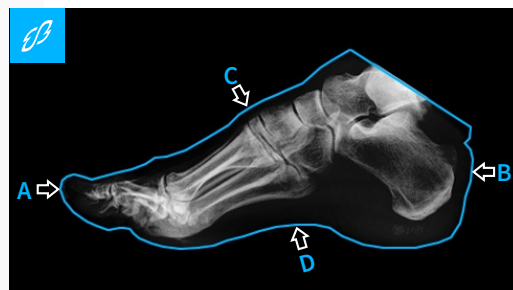


Figure 1 : Length

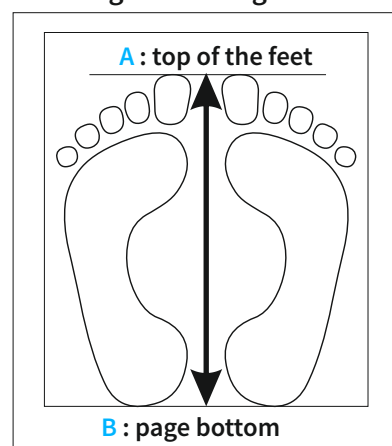


Figure 2 : Circumference

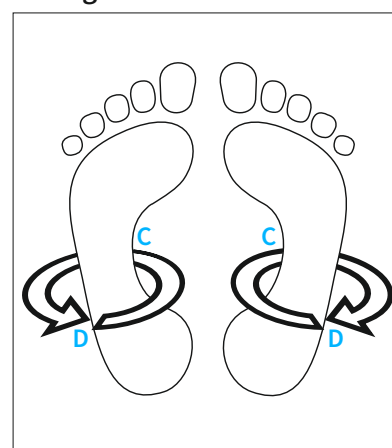


Figure 3 : Width

